Praying with Beads – All Biblical texts are from NRSV

First Bead – John 1:1

- In the beginning was the Word, and the Word was with God, and the Word was God.

Second Bead - Lord's Prayer - any version (Matthew 6:9-13)

- Pray then in this way:

Our Father in heaven, hallowed be your name.

10 Your kingdom come.

Your will be done,

on earth as it is in heaven.

- 11 Give us this day our daily bread.
- 12 And forgive us our debts, as we also have forgiven our debtors.
- 13 And do not bring us to the time of trial, but rescue us from the evil one.

Third Bead - Beatitudes Luke 6:20-31

- 20 Then he looked up at his disciples and said:

"Blessed are you who are poor,

for yours is the kingdom of God.

21 "Blessed are you who are hungry now,

for you will be filled.

"Blessed are you who weep now,

for you will laugh.

- 22 "Blessed are you when people hate you, and when they exclude you, revile you, and defame you[a] on account of the Son of Man. 23 Rejoice in that day and leap for joy, for surely your reward is great in heaven; for that is what their ancestors did to the prophets.
- 24 "But woe to you who are rich,

for you have received your consolation.

25 "Woe to you who are full now,

for you will be hungry.

"Woe to you who are laughing now,

for you will mourn and weep.

26 "Woe to you when all speak well of you, for that is what their ancestors did to the false prophets. 27 "But I say to you that listen, Love your enemies, do good to those who hate you, 28 bless those who curse you, pray for those who abuse you. 29 If anyone strikes you on the cheek, offer the other also; and from anyone who takes away your coat do not withhold even your shirt. 30 Give to everyone who begs from you; and if anyone takes away your goods, do not ask for them again. 31 Do to others as you would have them do to you.

Fourth Bead - 10 commandments - Exodus 20

2 I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery; 3 you shall have no other gods before me.

4 You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. 5 You shall not bow down to them or worship them; for I the Lord your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, 6 but showing steadfast love to the thousandth generation[b] of those who love me and keep my commandments.

7 You shall not make wrongful use of the name of the Lord your God, for the Lord will not acquit anyone who misuses his name.

8 Remember the sabbath day, and keep it holy. 9 Six days you shall labor and do all your work. 10 But the seventh day is a sabbath to the Lord your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. 11 For in six days the Lord made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the Lord blessed the sabbath day and consecrated it. 12 Honor your father and your mother, so that your days may be long in the land that the Lord your God is giving you.

- 13 You shall not murder.
- 14 You shall not commit adultery.
- 15 You shall not steal.
- 16 You shall not bear false witness against your neighbor.
- 17 You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor.

Fifth bead – Doxology

- Praise God from whom all blessings flow; Praise God all creatures here below; Praise God above ye heavenly hosts; Praise Father, Son and Holy Ghost. Amen